

# LAKSHMAN I K

Consultant Neurosurgeon

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Date of birth ..... 05/10/1981      Nationality ..... Indian

## LINKS

*[Researchgate](#), [Linked-in](#)*

## PROFILE

A passionate and dedicated Neurosurgeon, After completing my training at the prestigious Kasturba Medical College Manipal I continued to work as a Faculty and Consultant Neurosurgeon at the same Institute. I have performed and assisted in over 1500 cases which include surgeries for trauma, Cerebrovascular surgeries, Surgery for stroke, Neuro-oncology, Shunt surgeries, Epilepsy Surgeries, Spinal Tumours, Surgery for Spine Disc prolapse, spinal stabilization among others. Bringing forth an empathetic and professional attitude committed to providing patients with the best care possible. An avid researcher and academician I have authored several papers in leading scientific journals and also been involved in organising many academic and skill oriented workshops.

## EMPLOYMENT HISTORY

- ❖ **Senior Consultant Neurosurgeon, BGS Gleneagles Global Hospital** ..... Nov 2021 — Present  
Kengeri Bangalore  
  - Provided outpatient and inpatient Neurosurgical services
  - On-call Neurosurgical Services
  - Training of DNB residents
  
- ❖ **Consultant Neurosurgeon, People Tree Hospitals** ..... May 2019 — Nov 2021  
Bangalore  
  - Provided outpatient and inpatient Neurosurgical services
  - On-call Neurosurgical Services
  
- ❖ **Associate Professor and Consultant Neurosurgeon, SIMSRH** ..... Jun 2020 — Apr 2021  
Tumkūr  
  - Established the Department of Neurosurgery
  - Provided outpatient and inpatient neurosurgical services
  - On call Neurosurgical emergency services
  - Training of surgical residents and interns
  - Performed complex brain and spine surgeries
  
- ❖ **Assistant Professor and Consultant Neurosurgeon, Kasturba Medical College** ..... Sep 2015 — Apr 2019  
Manipal  
  - Provided outpatient and inpatient service in a tertiary care hospital
  - Training of Neurosurgical residents with on call cover
  - Gained Expertise in performing complex neurosurgical procedures
  
- ❖ **Registrar Neurosurgery, Kasturba Medical College Manipal** ..... Aug 2012 — Jul 2015  
Manipal  
  - In house Neurosurgical Service

- Active participation in ward rounds , care and Emergency
- Active participation Pre-operative planning and discussions
- Journal club , Seminars and Case discussions

❖ **Senior Resident Neurosurgery (Non-Academic), JPNATC AIIMS** ..... Jul 2010 — Apr 2011  
New Delhi

- In House Neurosurgical service
- Active management of Cranial and Spinal Trauma
- ICU , Emergency and ward care of Trauma patients
- Assisted in Surgery for cranial and spinal trauma

❖ **Junior Resident , Kasturba Medical College** ..... May 2007 — Apr 2010  
Mangalore

- General Surgical Training
- Acquired Basic and Advanced General surgical skills including Laparoscopy
- worked in Neurosurgery, Pediatric surgery , Urology , CTVS over 9 month period on rotational basis

## EDUCATION

❖ **Kasturba Medical College , Manipal University** ..... Aug 2012 — Jul 2015  
*MCh (Neurosurgery)* ..... Manipal

❖ **Kasturba Medical College , Manipal University** ..... May 2007 — Apr 2010  
*MS (General Surgery)* ..... Mangalore

❖ **Kempegowda Institute of Medical Sciences** ..... Sep 1999 — Apr 2005  
*MBBS* ..... BENGALURU

## SKILLS

Neuro Oncology .....	Pediatric Neurosurgery .....
Traumatic Brain and Spine Injury .....	Skull Base Surgery .....
Brain and Spine Tumour Surgery .....	Spine Surgery .....
Cerebrovascular Surgery .....	Hydrocephalus Management .....

## MEMBERSHIPS AND CERTIFICATION

❖ **Karnataka Medical Council** ..... May 2005  
70611

MBBS

MS ( General Surgery)

MCh (Neurosurgery)

❖ **Neurological Society of India** ..... 2014

Life Member

❖ **American Association Of Neurological Surgeons (AANS)** ..... 2014  
Id # 467796

International Candidate

❖ **European Association of Neurological Societies (EANS)** ..... 2018

Life Member

## COURSES

- ❖ **Stroke and Neuro- Intervention workshop** ..... 2018  
*KINCON, Kerala*
  
- ❖ **Neuroendovascular Workshop** ..... 2018  
*NEUROVASCON, Chennai*
  
- ❖ **Skill Workshop- Intraoperative Monitoring and Navigation Systems** ..... 2018  
*Kasturba Medical College, Manipal*
  
- ❖ **Spinal Workshop - Cadaveric and Hands on -MIS and CVJ** ..... 2018  
*Kasturba Medical College, Manipal*
  
- ❖ **Minimally Invasive Spine Live and Cadaveric Workshop** ..... 2018  
*MS Ramaiah Advanced Learning Centre*
  
- ❖ **Neurosonology Workshop** ..... 2017  
*Kasturba Medical College*
  
- ❖ **Cadaveric hands on workshop on Epilepsy Surgery** ..... 2016  
*MS Ramaiah Advanced Learning Centre*
  
- ❖ **Hands-on Cadaveric workshop on Brachial Plexus and Peripheral Nerves** ..... 2015  
*KMC Manipal*
  
- ❖ ..... 2015

## PRESENTATIONS AT CONFERENCES

- ❖ **Neurovascon 2018- 18th annual meeting Cerebrovascular Neurosurgery** ..... Sep 2018  
Chennai  
Paper Presentation “Influence of admission blood glucose in predicting outcome in patients with Spontaneous intracerebral haemorrhage”.
  
- ❖ **2. IASSICON 2015 – 28th Annual Conference of Spine Surgeons of India** ..... 2015  
PUNE  
Poster Presentation  
1. Modified Axial Lumbar Interbody Fusion  
2. Extradural Spinal Metastasis of Adenoid Cystic Carcinoma
  
- ❖ **3. ISPN – CME 2014 Bhubaneswar** ..... 2014  
Bhubaneswar  
Poster Presentation - Sylvian Cistern Arachnoid Cyst- A rare case of Precocious puberty
  
- ❖ **4. ASICON 2009 - Annual Conference of Association of Surgeons of India** ..... 2009  
Coimbatore  
Poster Presentation – Morgagni Hernia in Adult-A Case Report
  
- ❖ **5. IJKSC-ASICON 2009 Bangalore – Karnataka State Chapter of ASI** ..... 2009  
Bangalore  
Poster Presentation - Ileosigmoid knotting – a Case report.

## PUBLICATIONS

1. Clinical Profile and Predictors of Outcome in Spontaneous Intracerebral Haemorrhage from a Tertiary care centre in South India Hegde A , Menon G, Kumar V, Lakshmi Prasad G, **Kongwad LI**, Nair R and Nayak R Stroke Research and Treatment ,2020 (19), 1-8
2. **Kongwad LI**, Nair R. The Flip Side to Bone Flap Preservation—Novelty or Facile? World Neurosurgery Volume 129, September 2019, Pages 538-539.
3. **Kongwad L I**, Nair R. Dural Substitutes and Presstitutes: The Final Word. World Neurosurgery, Volume 127, July 2019, Pages 665-666.
4. **Kongwad L I**, Nair R. External Ventricular Drain and Fibrinolytics in Intraventricular Hemorrhage: A Gain or a Bane? World Neurosurgery, Volume 127, July 2019, Pages 637- 639. 5.
5. **Kongwad L I**, Nair R. Meningitis or Xenograft: What Is Incriminating for Cerebrospinal Fluid Diversion in Arnold Chiari Malformation Type 1? World Neurosurgery, Volume 127, July 2019, Page 643.
6. **Kongwad L I**, Nair R. The Divine Intervention with Bovine Pericardium, the Elusive Dural Substitute—Facts and Figures. World Neurosurgery, Volume 127, July 2019, Pages 640- 641
7. Primary Thalamic Haemorrhage – Clinical Profile and Prognostic Predictors from a Series of 117 Cases : Girish Menon, Ajay Hegde, **Lakshman I Kongwad\*** and Sandesh Omkarappa , The Open Neurology Journal May 2019
8. Influence of admission blood glucose in predicting outcome in patients with Spontaneous intracerebral haemorrhage : **Lakshman I Kongwad** , Ajay Hegde, Girish Menon, Rajesh Nair 2018 Frontiers in neurology Volume 9 Pages 725
9. Surgery for Supratentorial Spontaneous Intracerebral Haemorrhage: A Retrospective Analysis from a Hospital based Stroke Register : Girish Menon, Ajay Hegde, **Lakshman IK**, and Rajesh Nair Journal Of Stroke Medicine 2019
10. Thoracic myelopathy secondary to ossified ligamentum flavum and dural ossification – A series of 19 cases and review of literature VinodKumarMCh, Rajesh Parameshwaran Nair, **Lakshman I .Kongwad**, Girish Menon Ramachandran Interdisciplinary Neurosurgery Volume 15, March 2019, Pages 78-85.
11. Study on Acute Kidney Injury in patients with Spontaneous Intracranial Hemorrhage – an overview from a tertiary care hospital in South India Marzieh Ansaritoroghi , Shankar Prasad Nagaraju , Rajesh Parameshwaran Nair (Neurosurgery) , Vinod Kumar (Neurosurgery), **Lakshman I. Kongwad** (Neurosurgery) , Ravindra Prabhu Attur (Nephrology) , Girish Menon Ramachandran (Neurosurgery) , Ajay Hegde (Neurosurgery). World Neurosurgery.
12. Standard Of Care in Neurosurgery – But at what Cost – **Lakshman I K** , Rajesh Nair World Neurosurgery July 2019
13. Late onset meningocele in a case of meningocele manqué , Rajesh Parameshwaran Nair, **Lakshman I Kongwad** Child's Nervous System Volume 34 Issue 12 Pages 2347-2349
14. Misguided urinary catheter: an uncommon complication of a common solution Vinod Kumar, Ajay Hegde, Rajesh Parameshwaran Nair, **Lakshman I Kongwad** 2018/4/13 BMJ case reports Volume 2018
15. Menon G, Nair R, **Lakshman IK**, Kumar V, Prasad GL. Neurosurgery at Kasturba Medical College: Past, present and future. Neurology India. 2017;65(5).
16. Menon G, **Kongwad LI**, Nair R, Gowda AN. Spontaneous intracerebral bleed post snake envenomation. Journal of Clinical and Diagnostic Research. 2017;11(4):PD03-PD04.
17. Menon G, **Kongwad LI**, Nair R, Kumar V. Hemorrhagic colloid cyst. Neurology India 2017;65(5):1164.
18. Nair R, **Kongwad LI**. The problem with myelomeningoceles, hydrocephalus, and progressive neurological deficits—what do we know? Child's Nervous System. 2017;33(6):891
19. Nair R, **Kongwad LI**. Abandoning dislodged shunt catheters—unraveling Pandora's box. Child's Nervous System. 2017;1–3
20. Nair R, **Kongwad LI**. Nontuberculous Antineutrophil Cytoplasmic Antibody–Positive Pachymeningitis Presenting as High Cervical Myelopathy. World Neurosurgery. 2017;107:1042.e1-1042.e5
21. Nair R, **Kongwad LI**. Chronic subdural haematomas in the elderly—is the jury out? British Journal of Neurosurgery. 2017;31(4):399

22. Nair R, **Kongwad LI**. Pre-emptive intrathecal vancomycin for external ventricular drains: is it overkill? British Journal of Neurosurgery. 2017;31(5):571–2
23. Ramachandran GM, Nair R, **Kongwad LI**, Shanthakumar G. Rapid Brain Shift with Remote-Site Haemorrhage after Arachnoid Cyst Excision: Treatment Dilemmas. Pediatric Neurosurgery. 2017;52(2):98–102
24. Hegde A, Nair R, Ganapathy S, **Kongwad LI**. Shunt malfunction in patients with hydrocephalus: Complications revisited. BMJ Case Reports. 2016;2016.
25. Kumar V, Nair R, **Kongwad LI**, Menon RG. Cavernous haemangioma of the cauda region: case report and review of literature. British Journal of Neurosurgery. 2016;1–2.
26. Nagaraj A, Nair R, Ganapathy, **Kongwad LI**. Neurological Disorders Bilateral Basal Ganglia Calcification Secondary to FAHRs Syndrome: A Rare Entity. J Neurol Disord [Internet]. 2015;4(4):3–5. Available
27. **Kongwad LI**, Ganapathy S, Nair R, Menon G. Infarct after SICH Evacuation– Cause or Effect? J Neurol Stroke
28. Ganapathy S, Nair R, Kumar V, **Kongwad LI**. Posterior Fossa Extradural Haematomas: Operate or Conserve? J Neurol Stroke
29. Upadhyaya S, Nair R, **Kongwad LI**, Kumar V, Nayal B. Posterior cervical meningocele with tetheredcord : A rare form of spinal dysraphism. 2015;2(2):23–8.
30. **Kongwad LI**, RP Nair, B Nayal , A Nagraj Solitary Plasmacytoma of the Axial Spine and Dorsal Spine : Treatment Dilemmas and Review of Literature Journal of Spine and Neurosurgery 2017
31. GL Prasad, **Kongwad LI**, MG Valiathan. Spinal Intradural Schwannoma with Acute Intratumoral Haemorrhage. Case Report and Review Journal of Clinical and Diagnostic Research. 2016; (10):1.
32. K Ananda Vaidya. P Adiga, **IK Lakshman**. Villar’s Nodule - A Rare Case Report, Journal of Clinical and Diagnostic Research. 2012

## REFERENCES

- ❖ **1.Prof. Girish Menon R (MCh Neurosurgery) Professor and Head** .....  
*Department of Neurosurgery KMC Manipal* ..... [girish.menon@manipal.edu](mailto:girish.menon@manipal.edu)
- ❖ **2. Dr Vinod Kumar K MS (Gen Surgery) Mch (Neurosurgery)** .....  
*Senior Consultant Neurosurgeon Manipal ,Udupi*
- ❖ **3.Dr Rajesh K N MD (Medicine) , DM (Neurology) Consultant** ..... 919980515435  
**Neurologist**  
*Chief PEOPLE TREE NEUROSCIENCES Yeshwanthpur Bangalore*
- ❖ **4. Dr Ravi Sachidananda MS-ENT , DNB Otorhinolaryngology MRCS** ..... 7760033552  
**(UK) , FRCS – Otolaryngology** ..... [entravi@yahoo.com](mailto:entravi@yahoo.com)  
*Chief – Integrated Head and Neck Services PEOPLE TREE HOSPITALS ,Yeshwanthpur*